



Airbrush Spray Tan Preparation and After-Care

THE DAYS BEFORE YOUR SPRAY TAN

Best to drink lots of water and moisturize your skin in the days before your your spray tan.

Any waxing, exfoliating, and shaving should be done at least 24 hours beforehand.

Best to fully exfoliate the day before, so there are no dead skin cells to block the development of your tan.

THE DAY OF YOUR SPRAY TAN

You should shower earlier that day (ideally at least 4 hours beforehand) and be sure your skin is free of makeup (if tanning your face), lotions, deodorant, perfumes, oils, etc. as these will create a barrier between your skin and the spray tan solution.

Wear (or bring) dark loose-fitting cotton clothes and sandals to your appointment and avoid anything tight or scratchy. You will also be asked to go braless after your tan since it can leave streaks where it rubs on your skin.

AFTER YOUR SPRAY TAN

For at least 8 hours*, don't apply anything to your skin, rub/scratch it, wash/shower, swim, work out, or get wet in any way – avoid any water, rain or sweating during this time. Avoid tight clothing and light coloured clothes, sheets and pillow cases.

* For "Rapid Tan" solution only, shower after 2 hours for a light "6%" tan, 3 hours for a medium "9%" tan, or 4 hours for a dark "12%" tan. We don't recommend leaving the solution on for longer than 4 hours.

Once you shower after this time has passed, the tint in the solution will wash off, but the tan will have developed (or started to develop) on your skin. *It is important to note that the full development of your tan can take up to 24 hours, so you may not see the final results until the next day.*

Then to keep your tan looking good for as long as possible, do lots of moisturizing, use only gentle shower products, and do as little exfoliating, waxing, and shaving as possible.

Your spray tan will last around a week, though anything between 4 and 10 days is considered normal. It will eventually fade as your top layer of skin cells are shed and replaced with new ones.